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***Thank You!* for your invaluable support to the KIOCH Partners of America (K-PALS)**

Dear <<First Name>>,

I hope this message finds you in good health and high spirits.

On behalf of KIOCH Partners of America (KPALS), I extend our deepest gratitude for your generosity and unwavering support. Your contributions, whether monetary or otherwise, have been instrumental in advancing our mission to provide the children in Nepal the care they deserve in a safe environment.

Your support has enabled remarkable achievements in the past year, as detailed in our latest newsletter. The inauguration of KIOCH-Damak children's hospital, successful webinars on pediatric health, and the ongoing construction of the KIOCH-Kathmandu children's hospital are just a few milestones we've reached, thanks to your support. These successes reflect our collective commitment to improving children's healthcare in Nepal.

However, our journey continues, and the need for support is ongoing. We hope to keep counting on your invaluable assistance to further our endeavors. Your continuous support will play a vital role in sustaining and expanding our initiatives.

In this spirit, we're excited to share with you our latest newsletter, which outlines the impact of your support on KPALS and KIOCH's achievements. We believe it will give you a deeper insight into how your contributions are making a real difference.

Thank you once again for being a crucial part of our mission. Together, we are creating a brighter and healthier future for the children of Nepal.

Warm regards,

Binita Kharel Nepal

President

KIOCH Partners of America, K-PALS Inc.

www.kpals.org

The official monthly newsletter of the KIOCH and K-PALS

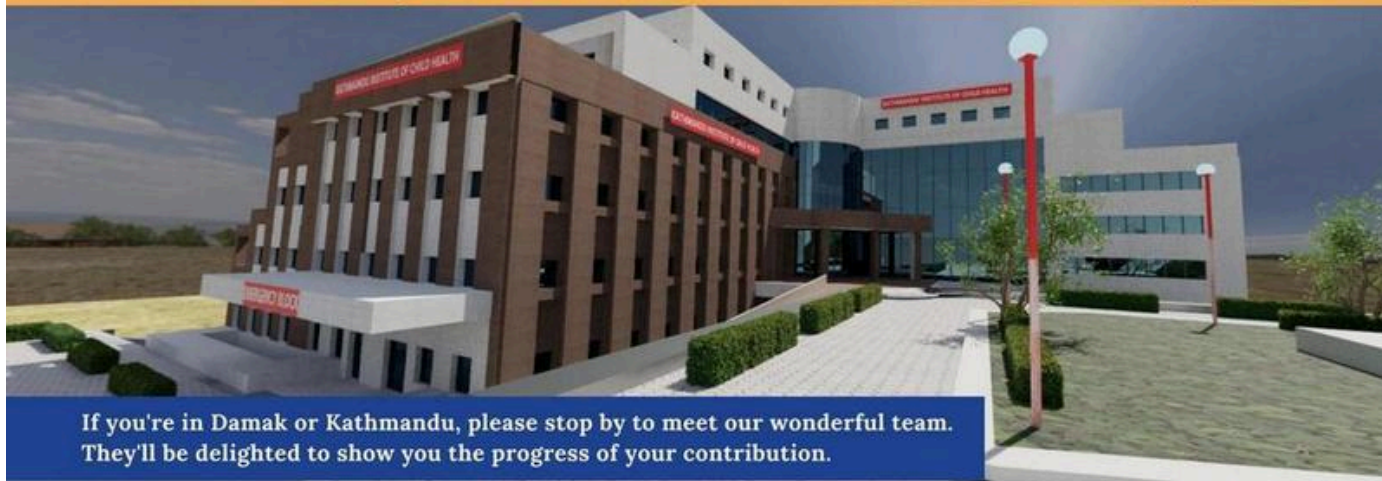
K-PULSE

JAN-2024 - V1 Heartbeats of Change, Chronicle of Care



Kathmandu Institute of Child Health - KIOCH

K-PALS: KIOCH Partners of America.



If you're in Damak or Kathmandu, please stop by to meet our wonderful team. They'll be delighted to show you the progress of your contribution.

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GREETING

BY BINITA KHAREL NEPAL, MD



Dear KIOCH and K-PALS Family,
As we step into the vibrant year of 2024, it is my distinct pleasure to extend a warm welcome to each one of you. Our heartfelt gratitude goes out to our dedicated donors, volunteers, and supporters who continue to illuminate the path of compassion and healing.

Our mission at K-PALS remains unwavering - to create a brighter, healthier future for the children of Nepal through the endeavors of KIOCH Children's Hospital. Guided by a vision of excellence and inclusivity, we are committed to establishing a network of multi-specialty children's hospitals, fostering hope, and ensuring quality healthcare reaches every child in need.

Your support is the cornerstone of our journey, and together, we are turning dreams into reality. Welcome to a year filled with meaningful connections, impactful initiatives, and the collective spirit of making a difference.

With gratitude,
Binita Kharel Nepal, MD
President and Board Member, K-PALS

HIGHLIGHTS OF 2023

BY BINITA KHAREL NEPAL, MD - USA

K-PALS team collectively spent more than 500 hours on innovative thinking, planning, and strategizing for KIOCH

1. Inauguration of KIOCH's First Satellite hospital - KIOCH-Damak children's Hospital
2. Hosted a series of Webinars centered on Pediatric Health
3. Established partnerships through Memorandums of Understanding (MoUs)
 - a. MoU with Sharon Davis Design for hospital building design.
 - b. MoU with Dashain Tihar fest as a nonprofit partner
4. Conducted Research center planning.
5. Continued dynamic Fundraising efforts.
6. Advanced our objectives with Grant Applications.
7. Broadened our reach with Advocacy.
8. Convened our First IN-PERSON Annual Meeting in Manassas, Virginia
9. Noted our First Endowment fund Pledge for ensuring a sustainable future



Plans for 2024



1. Strengthen Philanthropy
 - a. Conduct donor surveys to gauge interests and support
 - b. Monthly newsletter
 - c. Starting KPALS YouTube channel to connect with a wider audience, continuously sharing stories, engage listeners, and generate interest in KIOCH
2. Quality Measures Project
3. Continue PRERANA Webinars
4. Research center project
5. Develop Training Modules
6. Expand Network
7. Plan for a successful 3rd Annual Meeting in September 2024

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➤ RECENT SUCCESS STORY

KIOCH-DAMAK CHILDREN'S HOSPITAL

A baby diagnosed with meningitis underwent a challenging situation, necessitating hospitalisation and a two-day period on a ventilator. Fortunately, the skilled medical professionals comprising the Damak Doctor Team exhibited exceptional competence, ultimately succeeding in rescuing the infant's life. Their prompt and effective actions played a pivotal role in ensuring a positive outcome for the child.



➤ DONOR UPDATES

KIOCH-KATHMANDU CHILDREN'S HOSPITAL



Mr. Arjun Bhattarai demonstrated his commitment to KIOCH's mission in Nepal by setting aside his old age allowances and dedicating his savings to the cause. He generously contributed **Rs. 51,000** to bolster initiatives aimed at enhancing children's health in Nepal.



NMB Bank has made a significant contribution of **NPR 2.5 million** as part of its Corporate Social Responsibility (CSR) initiative. The funds are aimed at aiding KIOCH Damak in the construction of a child-friendly ward. The child-friendly ward at KIOCH Damak has already been inaugurated by Dr. Bhagawan Koirala. The inauguration marks the completion and official opening of the ward, emphasising its focus on providing a welcoming and supportive environment for children in need of medical care.

➤ PROGRESS IN MOTION

KIOCH-KATHMANDU CHILDREN'S HOSPITAL

Dr. Bhagawan Koirala Inaugurates New KIOCH Facility

The Clinical & Research building at KIOCH Children's Hospital in Kathmandu is officially in operation! Chairman Dr. Bhagawan Koirala inaugurated the facility in the presence of our dedicated Board Members and staff.

This building is a vital step, empowering our research team and initiating OPD services while our main hospital is under construction. Your support fuels progress, and we're grateful for every step forward!



OPERATIONS BEGIN IN THE
CLINICAL AND RESEARCH BUILDING



➤ CLINICAL COUNCIL PRERANA WEBINAR

K-PALS UPDATE

We're delighted to share that our Clinical Council successfully conducted its 15th webinar on January 20, 2024, focusing on **Asthma Management**. Dr. Jagat Ghimire from Kanti Children's Hospital Nepal and Dr. Binayak Sigdel from Texas Children Hospital presented insights on inpatient and ICU management of asthma. The webinar, facilitated by Dr. Dilli Bhurtel and Dr. Rajesh Pandey, was a great success. Please review the shared videos at the provided link.



For further inquiries, connect with us at clinical@kpals.org or prerana@kpals.org

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BREAKING BARRIERS

KIOCH-DAMAK CHILDREN'S HOSPITAL

KIOCH-Damak Children's Hospital Joins State Initiative for Child Healthcare Access

In an effort to address the child mortality rate of 34 per 1000 children under 5 years in Koshi, the state government has initiated a free treatment plan for children under 10 years. Chief Minister Kedar Karki, in collaboration with the provincial health ministry, formalized a bilateral agreement

on January 21st with four private sector hospitals, including our very own KIOCH-Damak Children's Hospital.



KIOCH-Damak Children's Hospital, aligning with its mission to ensure the well-being of every child, commits to delivering free healthcare services. This collaboration will enhance the accessibility and affordability of medical care, ensuring a healthier future for the young population.



In Alignment with KIOCH's vision, where every child receives quality healthcare, this initiative marks a significant move forward. It not only addresses the immediate healthcare needs of children but also lays the foundation for a healthier and more resilient community. Through collective efforts, KIOCH continues to be an advocate for positive change, fostering a society where every child's right to health is prioritized and protected.



2023 TOTAL BEDS IN EACH DEPT & DEPARTMENTAL OPERATION DATES

KIOCH-DAMAK CHILDREN'S HOSPITAL



The KIOCH-Damak Children's Hospital commenced its services in April 2023, initially through OPD service. Subsequently, multiple departments were introduced and became operational by the end of 2023, as illustrated in the graph provided.

PAEDIATRIC UNIT-2

- 18 Beds - Paediatric Unit 2

HDU

- 9 Beds (HDU)

OPD

- 5 Beds (OPD)

NICU

- 6 Beds - NICU

PAEDIATRIC UNIT-1

- 18 Beds - Paediatric Unit 1

EMERGENCY

- Triage-2 Beds
- Resuscitation-2 Beds
- Observation- 8 Beds
- Procedure Room - 2 Beds

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➤ OVERALL COUNT OF CHILDREN RECEIVING MEDICAL CARE ACROSS ALL DEPARTMENTS

KIOCH-DAMAK CHILDREN'S HOSPITAL

27503 Outpatients with Follow-Up

2405 Inpatients

5600 Emergency

4701 X-Ray

557 USG

360 Echo

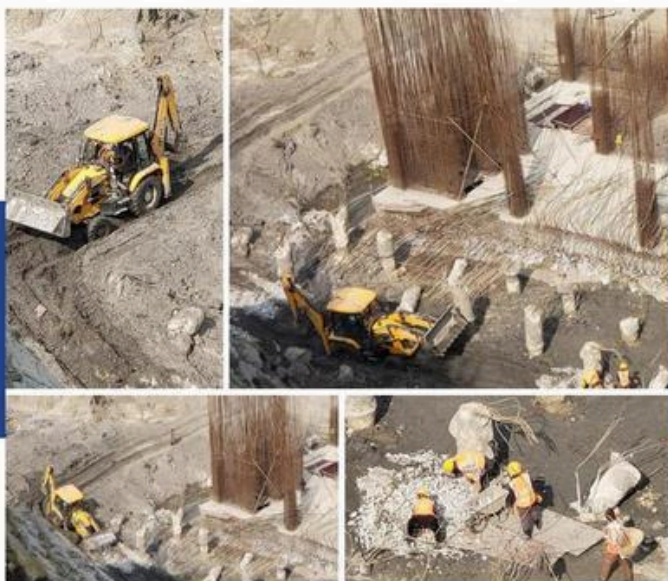
35361 Lab Tests



The data recorded from April 2023 to December 2023 at KIOCH-Damak Children's Hospital showcases a consistent increase in the number of outpatients with follow-up, inpatients, emergency cases, X-rays, USGs, echocardiograms, ECGs, and lab tests. This trend reflects a steady growth in the number of children seeking medical care at our hospital since its operation.

➤ A GLIMPSE INTO THE ONGOING CONSTRUCTION AT KIOCH-KATHMANDU CHILDREN'S HOSPITAL

KIOCH-KATHMANDU CHILDREN'S HOSPITAL



Get a glimpse of the ongoing construction work on the foundations of the east block at KIOCH-Kathmandu Children's Hospital in Kathmandu. We express gratitude for your generous support, making a positive impact on the future of children in Nepal. Thank you for being part of this meaningful journey.

Thank you

➤ ABOUT K-PALS

KIOCH PARTNERS OF AMERICA

Kioch Partners of America, K-PALS is an IRC 501(c)3 tax exempt organization established and maintained by an all volunteer team. The corporation is organized under Chapter 180 of the General Laws of the Commonwealth of Massachusetts exclusively for charitable purposes, to provide expert, financial and other material assistance to Kathmandu Institute of Child Health (KIOCH).

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Donate for the children's health in Nepal

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