

The official monthly newsletter of the KIOCH and KPALS

# K-PULSE

MAR-2025 - V14 Heartbeats of Change, Chronicle of Care



Kathmandu Institute of Child Health - KIOCH

K-PALS: KIOCH Partners of America.

## IN THIS EDITION:

*Latest Data from  
KDCH*

*Recent Success Story*

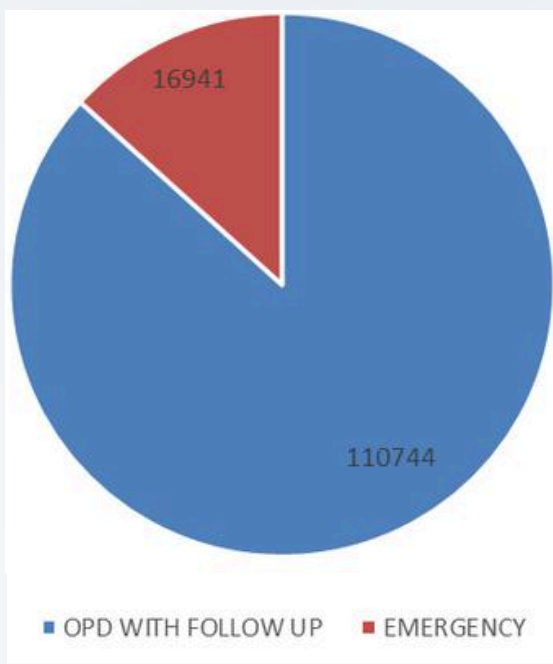
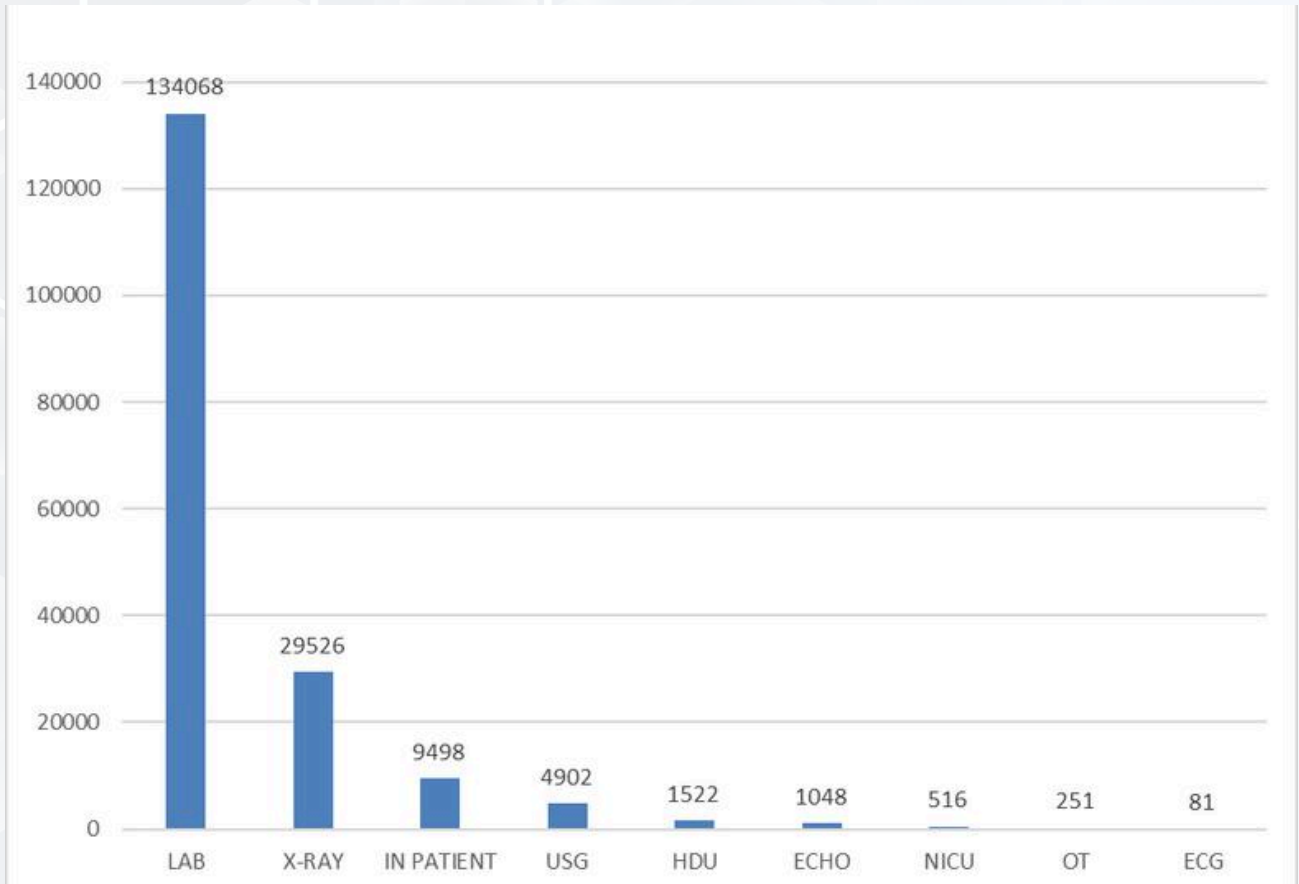
*Dr. Bhagawan Koirala  
Honored as Honorary  
Overseas Fellow by  
IACTS*

*Donor Updates*

*Get a Glimpse: KIOCH  
Kathmandu Children's  
Hospital*

If you're in Damak or Kathmandu,  
please stop by to meet our  
wonderful team. They'll be  
delighted to show you the  
progress of your contribution.



**LATEST DATA FROM KIOCH-DAMAK CHILDREN'S HOSPITAL****Total 127,685 Children Seen**

Data Updated Till:

24th February 2025



## ➤ RECENT SUCCESS STORY

### A JOURNEY OF HOPE: BABY ABHIHAN LIMBU'S REMARKABLE RECOVERY



In the serene hills of Mangsebung-1, Ilam, a tiny warrior named Abhihan Limbu was born, facing immense challenges from the very start. Born prematurely at 32 weeks of gestation and weighing just 2 kg, his early days were a battle for survival.

At just 25 days old, Abhihan's condition took a critical turn. Referred from another center, he was rushed to KIOCH Damak Children's Hospital on 2081/9/21, presenting with poor crying, lethargy, poor feeding, and decreased activity. Diagnosed with critical meningitis, pneumonia, disseminated intravascular coagulation (DIC) and neonatal hyperbilirubinemia (NNH), his condition required immediate and intensive medical intervention.

Abhihan was admitted to the Neonatal Intensive Care Unit (NICU), where a dedicated medical team fought alongside him. He spent four days on a ventilator, followed by three days on CPAP support and one day with blow-by oxygen. Every passing moment was a battle, but his resilience never wavered.

After 14 days in the NICU, on 2081/10/13, Abhihan defied the odds and was finally strong enough to be discharged. His journey from fragility to strength is a testament to the unwavering dedication of his caregivers, the love of his family, and his own incredible will to survive.

Baby Abhihan's story is one of hope, perseverance, and medical excellence. His recovery stands as an inspiration to many, proving that even the smallest fighters can overcome the greatest challenges. Today, he returns home—a symbol of strength and a future filled with endless possibilities.

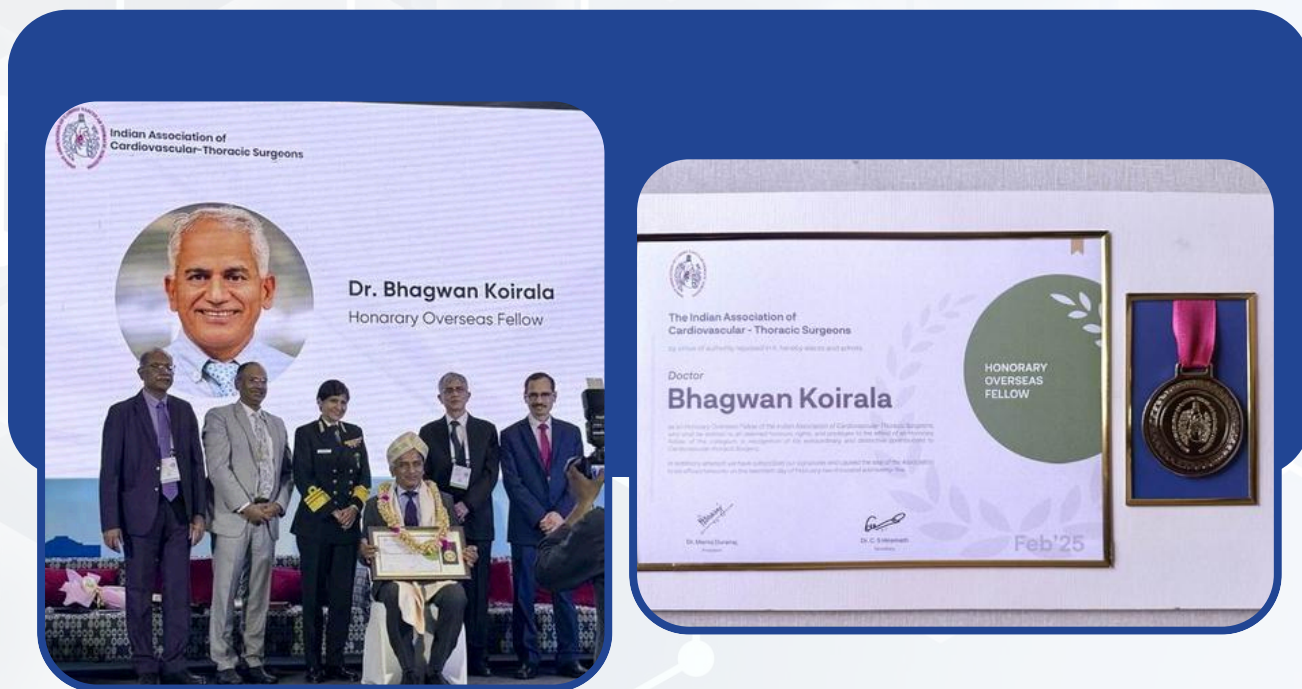
### THREE CHILDREN. THREE JOURNEYS. ONE HOPE.

*Each child fought their own battle.  
Each stayed on a ventilator for a different duration.  
Today, all three are going home.*

*Magh = "Vent Month" – A month of resilience,  
recovery, and renewed hope. ❤️*



## DR. BHAGWAN KOIRALA HONORED AS HONORARY OVERSEAS FELLOW BY IACTS



Dr. Bhagwan Koirala, the esteemed Chairperson of the Kathmandu Institute of Child Health (KIOCH), has been recognized as an Honorary Overseas Fellow by the Indian Association of Cardiothoracic Surgeons (IACTS). This prestigious honor acknowledges his outstanding contributions to the field of cardiothoracic surgery and his dedication to advancing healthcare, particularly in Nepal.

Dr. Koirala, a pioneering heart surgeon, has played a crucial role in establishing and expanding pediatric and adult cardiac care in the country. His leadership at KIOCH continues to drive efforts toward improving child health services and making quality healthcare accessible to all.

This international recognition highlights Dr. Koirala's impact beyond Nepal's borders, reinforcing his legacy in the global medical community.



## DONOR UPDATES

### **DONATION RECIEVED FROM MRS. SABITRA SHARMA PANDIT**

Mrs. Sabitra Sharma Pandit contributed NRs. 2 lakhs to KIOCH for the construction of KIOCH-Kathmandu Children's Hospital in Kathmandu. Her generous support will help us in our mission to provide better healthcare facilities for children. The KIOCH family extends heartfelt gratitude to Mrs. Pandit for her kindness and commitment to our cause. Your support brings us closer to ensuring quality medical care for all children in need.



### **DONATION RECIEVED FROM MR. SHIVA PRASAD SEDHAI**

Mr. Shiva Prasad Sedhai made a significant contribution of NRs. 15 lakhs towards the construction of KIOCH-Kathmandu Children's Hospital in Kathmandu. His generosity plays a crucial role in strengthening our efforts to build a healthcare facility dedicated to children's well-being. The KIOCH family sincerely appreciates Mr. Sedhai's invaluable support and belief in our vision. With your help, we continue to create a healthier future for countless children.





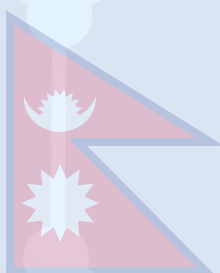


## A GLIMPSE INTO THE ONGOING CONSTRUCTION OF KIOCH-KATHMANDU CHILDREN'S HOSPITAL CONSTRUCTION SITE







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