

The official monthly newsletter of the KIOCH and KPALS

# K-PULSE

AUG/SEP-2024 - V8 Heartbeats of Change, Chronicle of Care



Kathmandu Institute of Child Health - KIOCH

K-PALS: KIOCH Partners of America.

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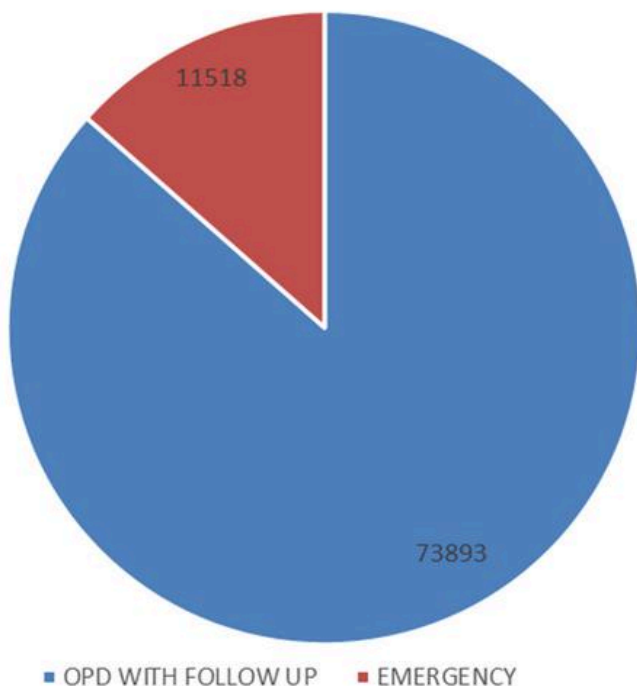
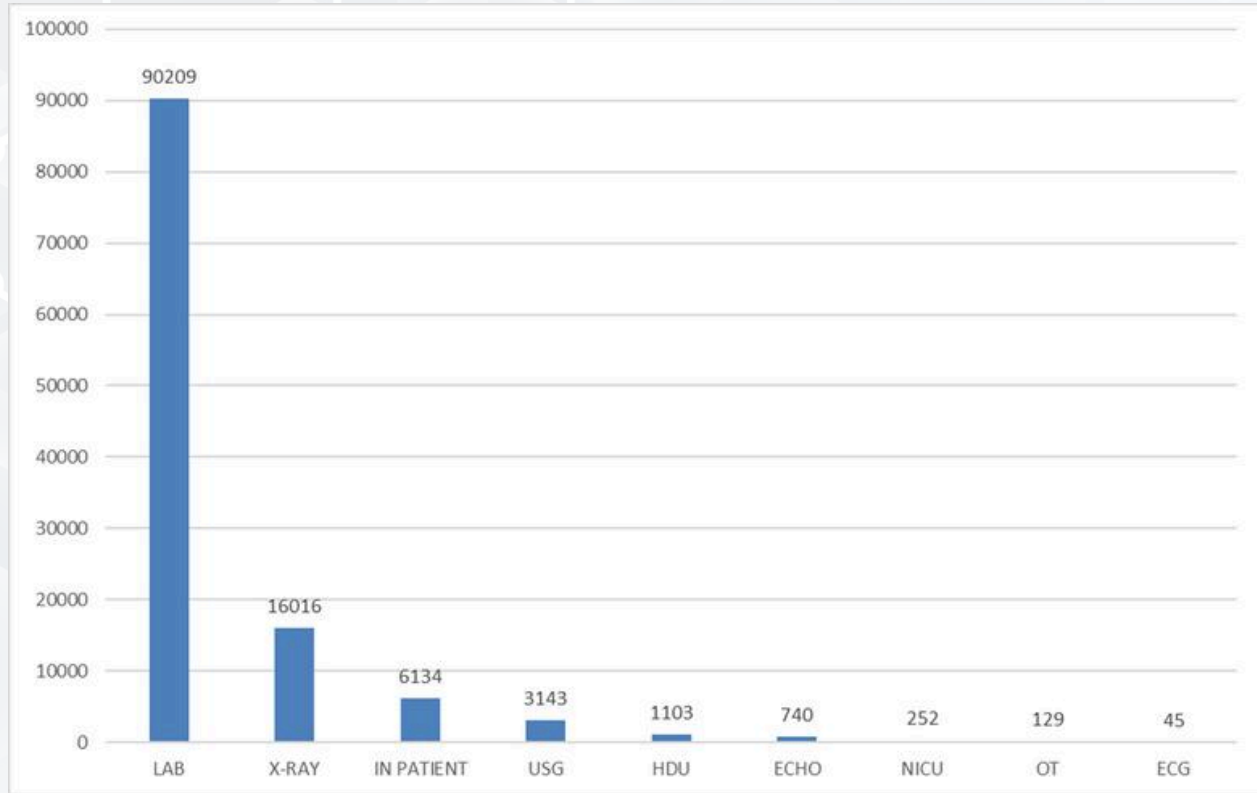


If you're in Damak or Kathmandu,  
please stop by to meet our  
wonderful team. They'll be  
delighted to show you the  
progress of your contribution.



## LATEST DATA FROM KIOCH-DAMAK CHILDREN'S HOSPITAL

Total 85,411 Patients Seen Till 16th Aug 2024



## Total Patients Operated Till Bhadra 18th

Baishakh - 14

Jestha - 47

Ashar- 32

Sharwan - 36

Bhadra - 23



## RECENT SUCCESS STORIES

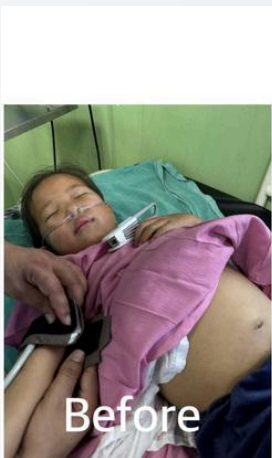
### WHAT MAKES A PEDIATRICIAN GRATIFY?

When a neonate passes urine or stool, and especially when an extremely preterm neonate is discharged from the NICU, it's a moment of triumph. One of the biggest milestones for our hospital is the story of Yamuna Upreti, born at 27 weeks and weighing just 26 ounces (750 grams). She was brought to our NICU, where she earned the nickname "fighter" from our doctors. After facing all the challenges of being preterm, she was successfully discharged after nearly 1.5 months—the longest stay in our NICU so far. She gained more than satisfactory weight and discharged after making parents confident. Kudos to the entire NICU team!



### STORY OF ISAKINA RAI

A 7-year-old girl from Taplejung named Isakina Rai was admitted to our hospital in a moribund state. She was treated in the PICU for scrub typhus, myocarditis, and catecholamine-sensitive cardiogenic shock. After a 12-day stay with us, she was discharged in good condition. Follow-up videos show her smiling and in good spirits.



Before



After

Twin pre-term referred from AMDA hospital going home after 2 weeks stay.



## ➤ MEET MR. MIN PRASAD GAUTAM

ADVISOR, K-PALS INC



Mr. Min Prasad Gautam, an Adviser for KIOCH Partners of America K-PALS Inc., has been residing in the USA since 1989. He holds a Master's degree in Community Economic Development from Southern University of New Hampshire and is currently the Founder President of the New Hampshire Nepali Community.

Mr. Gautam first met Dr. Koirala in 1992 in the USA, and they quickly formed a bond over their shared concern for Nepal's healthcare system. Despite being offered better opportunities in the USA, Dr. Koirala was steadfast in his determination to return to Nepal to help the country's most vulnerable populations. Mr. Gautam vividly recalls Dr. Koirala's words: "If we all stay here, who will serve the people in Nepal who desperately need help?"

Throughout the years, the two remained in close contact, with Mr. Gautam following Dr. Koirala's progress from afar. Approximately six years ago, Dr. Koirala shared his vision of building a children's hospital in Nepal and invited Mr. Gautam to join K-PALS team in the USA. Recognizing the importance of this initiative and having full faith in Dr. Koirala's commitment, Mr. Gautam eagerly joined the project, understanding its potential to benefit countless children across Nepal. Though he considers himself not particularly being influential, Mr. Gautam is dedicated to doing everything in his power to support this noble cause.

## ➤ FUNDRAISING EVENT



Uma hosted the second event Paint for a Cause event on Aug 12th 2024. This event was for kids ages 5-15. They painted a beach landscape and the kids had a great time! The event raised \$1,005!

**About the event:** Paint for a Cause is an event organized and led by 17 year old artist, Uma Bhattarai, based in the Bay Area in California. She has been working with the KIOCH/KPALS Philanthropy Council since January 2024 and specializes in social media marketing. She created Paint for a Cause to leverage her art skills and further contribute to the KIOCH family.

Thank you Uma for your ongoing support and dedication for promoting child healthcare in Nepal.



## DONORS UPDATE

### ➤ DONATION FROM MR. BHUVAN KUMAR DAHAL

We are deeply grateful to Mr. Bhuvan Kumar Dahal for his unwavering support to KIOCH. In addition to being a pro bono Board Member of KIOCH, we are thrilled to announce that he has donated six lakhs Nepali rupees to KIOCH so far. His continued commitment significantly enhances our efforts and make a profound impact in our mission.

### ➤ DONATION RECEIVED FROM LUMBINI MEDICAL COLLEGE & TEACHING HOSPITAL LIMITED

We extend our heartfelt gratitude to Lumbini Medical College & Teaching Hospital Limited for donating NRs 15 lakhs to KIOCH for a construction of a room at KIOCH-Kathmandu Children's Hospital.

### ➤ DONATION FROM MR. DHURBA PRASAD DHAKAL

We would like to thank Mr. Dhurba Prasad Dhakal for donating NRs 111,111.00 to KIOCH.

### ➤ DONATION FROM MR. BHOLA BIKRAM THAPA

Mr. Bhola Bikram Thapa donated 5 lakhs Nepali rupees to KIOCH in the name of his parents Mr. Khadga Bikram Thapa & Mrs. Bhava Kumari Thapa. KIOCH family is thankful to Mr. Thapa for his generous contribution.

### ➤ DONATION FROM MRS. GANGA LAXMI SHRESTHA

Mrs. Ganga Laxmi Shrestha donated NRs. 3 lakhs to KIOCH for the construction of KIOCH-Kathmandu Children's Hospital. KIOCH family would like to thank her for this support.

### ➤ DONATION FROM MR. BHOLA BIKRAM THAPA

Mr. Bhola Bikram Thapa donated 5 lakhs Nepali rupees to KIOCH in the name of his parents Mr. Khadga Bikram Thapa & Mrs. Bhava Kumari Thapa. KIOCH family is thankful to Mr. Thapa for his generous contribution.

Thank you! for your  
contributions till date.  
To donate via K-PALS->





## A GLIMPSE INTO THE ONGOING CONSTRUCTION OF KIOCH-KATHMANDU CHILDREN'S HOSPITAL CONSTRUCTION SITE

In our monthly newsletters, we provide updates on the construction progress of KIOCH-Kathmandu Children's Hospital, highlighting milestones achieved and significant strides made.

**Rapid Progress:** We are delighted to inform you that there is a lot of progress in the construction of the KIOCH-Kathmandu Children's Hospital. The visible changes reflect the combined commitment and effort of our team.

**Continuous Work:** The dedicated team at KIOCH is tirelessly working day in and day out to bring the vision of KIOCH-Kathmandu Children's Hospital to reality. Their passion and dedication serve as a driving force, propelling the project forward and inching closer to the realization of the hospital's mission of providing top-notch pediatric care to the community.

Stay tuned for further updates as we progress towards the completion of KIOCH-Kathmandu Children's Hospital. Your support makes a positive impact on the lives of children in Nepal. Thank you for being a part of this meaningful journey.



East Block







West Block







Construction site

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