

The official monthly newsletter of the KIOCH and KPALS

# K-PULSE

OCT -2024 - V9 Heartbeats of Change, Chronicle of Care



Kathmandu Institute of Child Health - KIOCH

K-PALS: KIOCH Partners of America.

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KDCH

K-Pals 3rd Annual  
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Event

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Get a Glimpse: KIOCH  
Kathmandu Children's  
Hospital



## “बडा दशैं - २०८१”

बडा दशैं तथा शुभ दिपावलीको  
हर्षोल्लासपूर्ण अबसरमा यहाँ तथा  
यहाँको परिवारको सुख, शान्ति, समृद्धि  
एवं उत्तरोत्तर प्रगतिको हार्दिक मंगलमय  
शुभकामना व्यक्त गर्दछौं ।

- KIOCH परिवार  
- K-PALS परिवार



**Kathmandu Institute of Child Health**

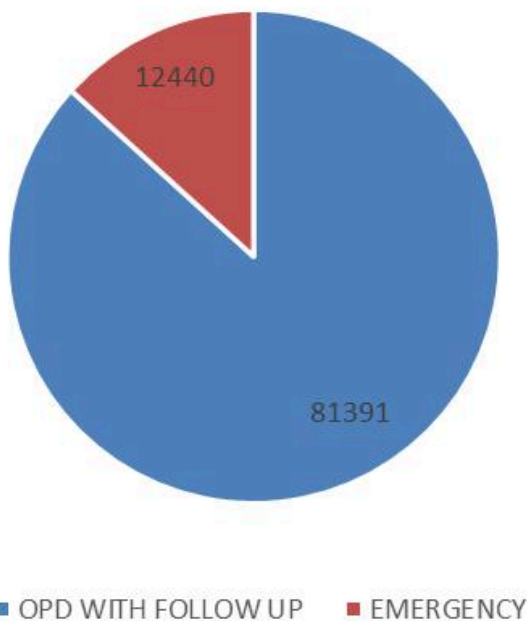
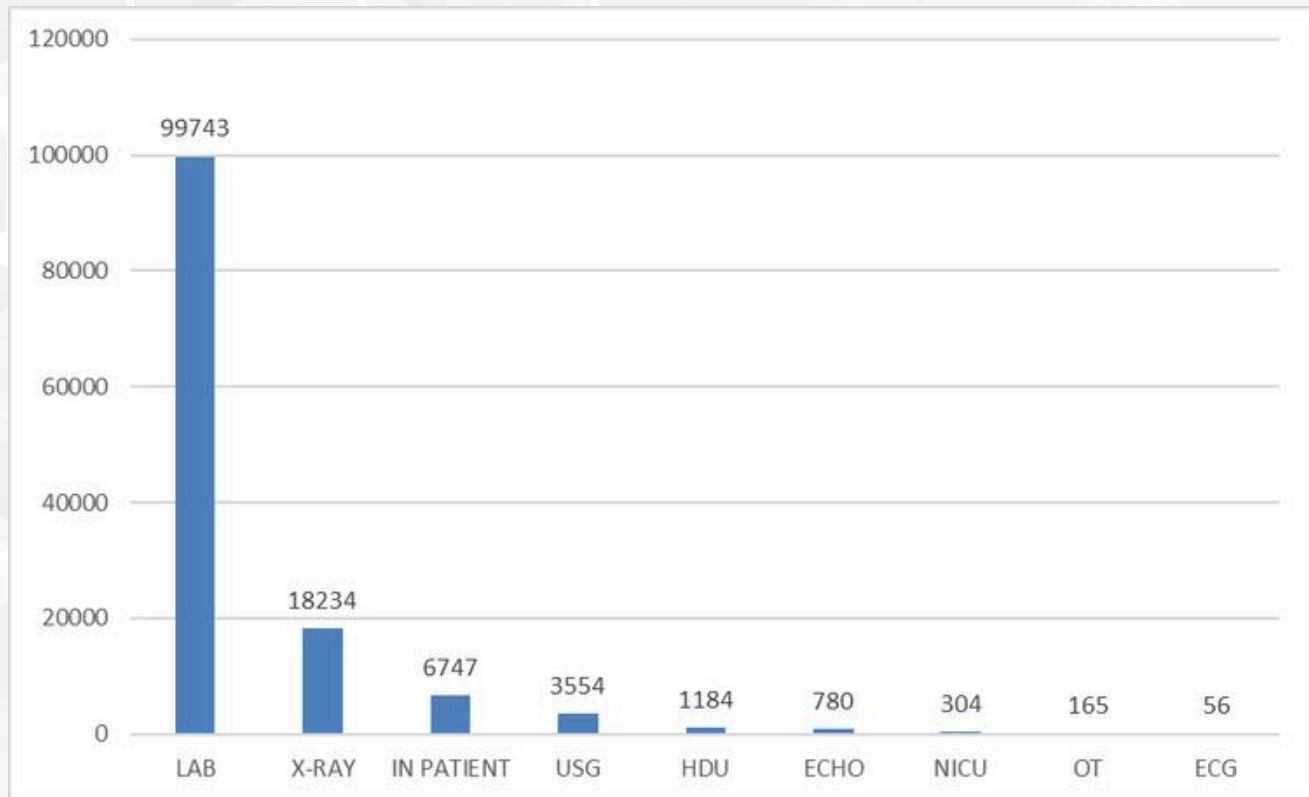
Budhanilkantha Municipality, Ward No. -7, Hepali Height,  
Kathmandu, Nepal



**Kioch Partners of America, K-PALS**

1409 Dartmouth Dr, Southlake, TX 76092, USA

If you're in Damak or Kathmandu,  
please stop by to meet our  
wonderful team. They'll be  
delighted to show you the  
progress of your contribution.

**LATEST DATA FROM KIOCH-DAMAK CHILDREN'S HOSPITAL****Total 93,831 Children Seen***Data Updated Till:**17th September 2024*



## **Celebrating the Success of the 3rd K-PALS Annual Networking Event: A Step Closer to Transforming Children's Healthcare in Nepal**

The 3rd Annual K-PALS Networking Event was nothing short of remarkable. Thanks to the unwavering dedication and generosity of our incredible volunteers, donors, and participants, we've taken a giant leap forward in our mission to provide accessible healthcare to the children of Nepal. Together, we gathered to celebrate the progress we've made, share our vision for the future, and reinforce our commitment to building children's hospitals across all seven provinces of Nepal.

### **\*A Heartfelt Thank You to Our Volunteers\***

This event would not have been possible without the tireless efforts of our volunteers. Your commitment, passion, and energy turned our vision into reality. From managing logistics to setting up the event, coordinating with speakers and performers, and engaging with attendees, you worked tirelessly behind the scenes to make the evening seamless. You are the heartbeat of K-PALS, and we couldn't be more grateful for your dedication.

### **\*Donors – The Backbone of Our Cause\***

To our donors, your generosity is truly life-changing. Every contribution, whether large or small, has brought us closer to making children's healthcare accessible in even the most remote regions of Nepal. You have shown incredible compassion and belief in our mission, and it's because of you that we can continue to build hope and provide care for those who need it most. Thank you for standing with us and investing in a future where no child is left without care.

### **\*Engagement from Our Participants and Speakers\***

We were honored to have such esteemed participants, including renowned influential voices in our community. Your insights, shared experiences, and words of inspiration have not only ignited further interest in our cause but also reinforced the importance of collaboration in making sustainable healthcare a reality. A special thank you to Dr Bhagawan Koirala, the chair of KIOCH for your powerful insights and vision that left us all inspired and committed to doing more.





This year's event has further solidified our belief in the power of unity and collective action. The conversations sparked during the event have opened doors to new partnerships, ideas, and ways to accelerate our work in Nepal. More people are connected to our cause than ever before, and we are filled with hope and excitement as we continue this journey together.

**\*Moving Forward – Let's Stay Connected and Keep Contributing\***

While we celebrate this success, we must also remember that our work is far from over. The need for accessible healthcare for children in Nepal is still urgent. We encourage everyone who attended – and those who couldn't join – to stay connected with K-PALS. Whether through donations, volunteer work, or simply sharing our mission with others, your involvement is crucial. Together, we can make an even greater impact and ensure that every child in Nepal has access to the healthcare they deserve.

Thank you once again for your incredible support. We look forward to continuing this journey with you, and we invite everyone to stay involved as we work toward building a healthier and brighter future for the children of Nepal.

**With deepest gratitude,  
- The KPALS Team**





## ➤ RECENT SUCCESS STORY



At just 1 day after birth, baby of Sanchita faced significant challenges after being diagnosed with apnea of prematurity and pneumonia at KIOCH-Damak Children's Hospital. Initially admitted to the NICU, she required CPAP support for respiratory distress, followed by intubation and mechanical ventilation for two days. After extubation, she transitioned to non-invasive ventilation for 11 days, gradually weaning to nasal prongs and ultimately room air.

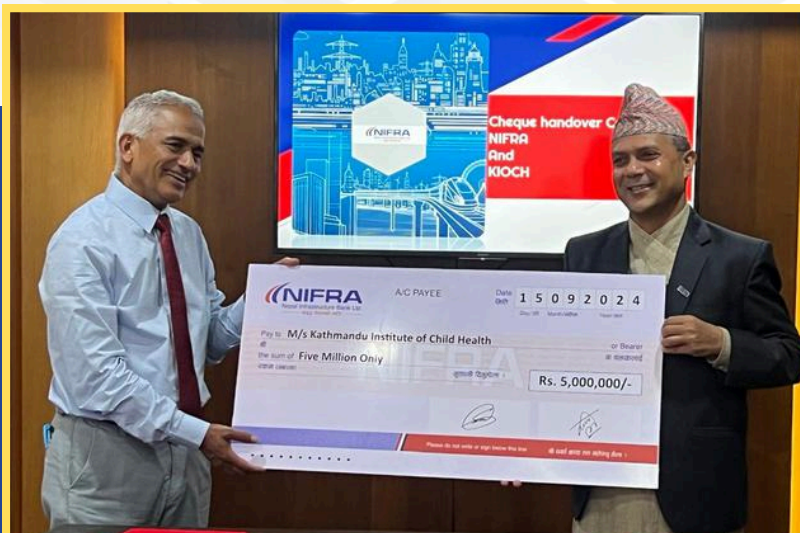
Additionally, the baby experienced hyperbilirubinemia, managed through phototherapy. Remarkably, she did not develop any complications during her stay. After 21 days of dedicated care, baby of Sanchita was discharged in stable condition, showcasing the ultimate resilience of a premature infant and the effectiveness of skilled neonatal care.



## **DONATION OF FIVE MILLION RUPEES RECEIVED FROM NEPAL INFRASTRUCTURE BANK**

Nepal Infrastructure Bank (NIFRA) has generously contributed NPR 5 million to the Kathmandu Institute of Child Health (KIOCH) as part of its corporate social responsibility (CSR) initiative. The formal handover ceremony took place at NIFRA's office, where the cheque was presented by NIFRA's CEO, Mr. Krishna Bahadur Adhikari, to KIOCH Chairman Prof. Dr. Bhagawan Koirala. The event was attended by senior officials from both organizations, including NIFRA's Deputy General Managers Mr. Surya Bahadur Tamang and Mr. Vinaya Nath Neupane, as well as KIOCH Board Member Mr. Bhuvan Kumar Dahal.

By supporting such initiatives, NIFRA not only reinforces its role as a responsible corporate entity but also contributes to the broader goal of improving healthcare standards in Nepal. This collaboration between NIFRA and KIOCH serves as a model for how public and private sectors can work together to create a positive impact on society, particularly in critical sectors like health.





**DONATION FROM DR. SHASHI BHUSHAN UPADHYAY**

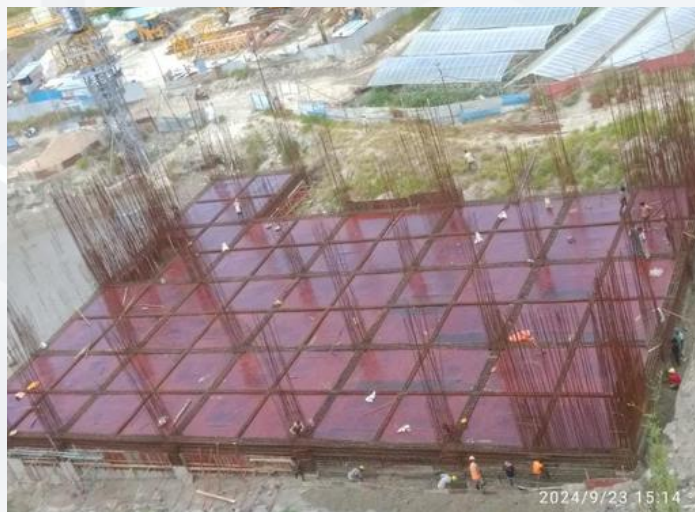
Dr. Shashi Bhushan Upadhyay pledged to donate Ninety- million Nepali Rupees for the construction of North Block of KIOCH-Kathmandu Children's Hospital in Kathmandu. On a formal program held on 23rd September 2024 at KIOCH office, agreement was signed between Dr. Upadhyay and KIOCH. Dr. Upadhyay handed over the check of Twenty-seven million Nepali rupees, the 1st installment of the pledged amount to the Chairman of KIOCH, Prof. Dr. Bhagawan Koirala. Dr. Upadhyay expressed happiness for being able to contribute to the healthcare of the children of Nepal. This substantial contribution will significantly support the hospital's mission to provide specialized healthcare services for children across Nepal.

This donation is made in loving memory of Dr. Upadhyay's late parents, Mr. Lalit Keshari Upadhyay and Mrs. Thaan Kumari Upadhyay. Through this philanthropic gesture, Dr. Upadhyay aims to honor his parents' legacy by contributing to the wellbeing of Nepalese children. He expressed his heartfelt joy at being able to support the hospital, emphasizing the importance of investing in the health and future of the nation's younger generation.






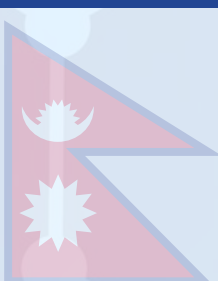


## ➤ A GLIMPSE INTO THE ONGOING CONSTRUCTION OF KIOCH-KATHMANDU CHILDREN'S HOSPITAL CONSTRUCTION SITE







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